WEEK 1	ITEMS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	TTENIS	MONDAI	TOLODAI	VLDINLODAI	Turkey Hot Dogs	INDAI
	НОТ	Chicken/Cheese Burrito	Mac and Cheese with Turkey Sausage Links	Choose Empanada: Chicken Ham+cheese		Shredded Beef with Mashed Potatoes
	COLD	Chicken/Cheese Wrap	Smoked Turkey	Bagel Sandwich with Cream Cheese and Smoked Turkey	Chicken Salad on Sourdough	Egg Salad with Mashed Potatoes
	SIDE:	Guacamole and Chips	Veggies and Dip	Veggies and Dip	Potato or Yucca Fries (baked)	Veggies and Dip
	Vegetarian	Bean/Cheese Burrito	Mac n Cheese	Spinach or Cheese Empanada	Grilled Cheese Sandwich	Egg Salad with Mashed Potatoes
WEEK 2:				T		1
	ITEMS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	НОТ	Chicken and Beef Taquitos w/ rice and beans	Mac and Cheese with Turkey Sausage Links	Empanadas: Chicken Ham+cheese	Turkey Hot Dogs with guacamole and tomato	Chicken Nachos
	COLD	Chicken/Cheese Wrap	Smoked Turkey Wrap, Lettuce and Avocado	Bagel with Cream Cheese and	Egg Salad on	Tostada Chicken Salad
	SIDE:	Guacamole and Chips	Veggies and Dip	Smoked Turkey Veggies and Dip	Sourdough Potato or Yucca Fries (baked)	Guacamole and Chips
		-				
	Vegetarian	Bean/Cheese Burrito	Mac n Cheese	Spinach or Cheese Empanada	Egg Salad on Sourdough	Cheese Nachos
WEEK 3:			1		10000000	10110000110100
	ITEMS	MONDAY	TUESDAY Mac and Cheese	WEDNESDAY Empanadas:	THURSDAY Turkey Hot Dogs	FRIDAY Shredded Beef
	НОТ	Chicken/Cheese Burrito	with Turkey Sausage Links	Chicken Ham+cheese	with guacamole and tomato	with Mashed Potatoes
	1101	Burnto	Smoked Turkey	Bagel with Cream	and tomato	1 otatoes
	COLD	Wrap	Wrap, Lettuce and Avocado		Tostada Chicken Salad	Egg Salad with Mashed Potatoes
	SIDE:	Guacamole and Chips	Veggies and Dip	Veggies and Dip	Potato or Yucca Fries (baked)	Veggies and Dip
WEEK 4:	Vegetarian	Bean/Cheese Burrito	Mac n Cheese	Spinach or Cheese Empanada	Grilled Cheese Sandwich	Egg Salad with Mashed Potatoes
	ITEMS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Chicken and Beef Taquitos w/	Mac and Cheese with Turkey	Empanadas: Chicken	Turkey Hot Dogs with guacamole	
	HOT	rice and beans Chicken/Cheese	Sausage Links Smoked Turkey Wrap, Lettuce and		and tomato Egg Salad on	Chicken Nachos Tostada Chicken
	COLD	Wrap Guacamole and	Avocado	Smoked Turkey	Sourdough Potato or Yucca	Salad Guacamole and
	SIDE:	Chips	Veggies and Dip	Veggies and Dip	Fries (baked)	Chips
	Vegetarian	Bean/Cheese Burrito	Mac n Cheese	Spinach or Cheese Empanada	Egg Salad on Sourdough	Cheese Nachos
	Alternate Dishes:	Chicken, black beans and rice	Beef with Broccoli and rice	Mini Chicken Tacos	Turkey Patty Sliders	Cheese Pizza